

<b>O</b>	<b>F</b>	<b>N</b>	<b>P</b>	<b>V</b>	<b>D</b>	<b>T</b>	<b>C</b>	<b>H</b>	<b>E</b>
<b>Y</b>	<b>B</b>	<b>A</b>	<b>K</b>	<b>O</b>	<b>E</b>	<b>Z</b>	<b>L</b>	<b>R</b>	<b>X</b>
<b>E</b>	<b>T</b>	<b>H</b>	<b>W</b>	<b>F</b>	<b>M</b>	<b>B</b>	<b>K</b>	<b>A</b>	<b>P</b>
<b>B</b>	<b>X</b>	<b>F</b>	<b>R</b>	<b>T</b>	<b>O</b>	<b>S</b>	<b>M</b>	<b>V</b>	<b>C</b>
<b>R</b>	<b>A</b>	<b>D</b>	<b>V</b>	<b>S</b>	<b>X</b>	<b>P</b>	<b>E</b>	<b>T</b>	<b>O</b>
<b>M</b>	<b>P</b>	<b>O</b>	<b>E</b>	<b>A</b>	<b>N</b>	<b>C</b>	<b>B</b>	<b>K</b>	<b>F</b>
<b>C</b>	<b>R</b>	<b>G</b>	<b>D</b>	<b>B</b>	<b>K</b>	<b>E</b>	<b>P</b>	<b>M</b>	<b>A</b>
<b>F</b>	<b>X</b>	<b>P</b>	<b>S</b>	<b>M</b>	<b>A</b>	<b>R</b>	<b>D</b>	<b>L</b>	<b>G</b>
<b>T</b>	<b>M</b>	<b>U</b>	<b>A</b>	<b>X</b>	<b>S</b>	<b>O</b>	<b>G</b>	<b>P</b>	<b>B</b>
<b>H</b>	<b>O</b>	<b>S</b>	<b>N</b>	<b>C</b>	<b>T</b>	<b>K</b>	<b>U</b>	<b>Z</b>	<b>L</b>

Adapted after W. Heart, 1961.

O	F	N	P	V	D	T	C	H	E
Y	B	A	K	O	E	Z	L	R	X
E	T	H	W	F	M	B	K	A	P
B	X	F	R	T	O	S	M	V	C
R	A	D	V	S	X	P	E	T	O
M	P	O	E	A	N	C	B	K	F
C	R	G	D	B	K	E	P	M	A
F	X	P	S	M	A	R	D	L	G
T	M	U	A	X	S	O	G	P	B
H	O	S	N	C	T	K	U	Z	L

Read three letters from the hand held chart, say them aloud in your mind, and then shift to read and say aloud in your mind the next 3 letters from the wall chart. Keep varying the routine to keep it interesting.

Move further away when the letters become clear.

**O F N P V D T C H E**  
**Y B A K O E Z L R X**  
**E T H W F M B K A P**  
**B X F R T O S M V C**  
**R A D V S X P E T O**  
**M P O E A N C B K F**  
**C R G D B K E P M A**  
**F X P S M A R D L G**  
**T M U A X S O G P B**  
**H O S N C T K U Z L**